

New Parent Meeting
August 31, 2023
6:00 PM

Attendance: *New parents, Jeff Gavin, Taryn Powell, Dana Wilmer, Linda Blocklin, Trevor Watkins, Nikki McKiernan*

President - Taryn

- **Welcome/Introduction**
 - *Introductions of coaching staff and board members*
 - *Swimming - year round sport*
 - *Good for kids to participate in multiple sports*
- **Parent handbook reviewed**
 - **Mission/Vision/Goals**
 - *Jeff - emphasized importance of supporting a swimmer's positive self*
 - **Communication**
 - *Website, Parent Meetings, Additional Websites (USA Swimming, AMS)*
 - **Philosophy**
 - *Working to help children to be the best swimmers they can be*
 - **Volunteering**
 - *Parent support/volunteers needed for activities: 28 volunteer hours are needed*
 - *Team events (monthly, bi-monthly)*
 - *Community Day (September)*
 - *Bonfire (October)*
 - *Host swim meets - at some meets not all swimmers participate however volunteering for these meets is needed. These can be 8-10 hour days.*
 - *\$500 penalty fee for not meeting the required 28 hours.*
 - *Neighboring swim clubs have a similar penalty fee for not meeting 28 hours*
 - *Shark Team Swimmers do not need to meet these volunteer requirements. If season is started as a Sharks swimmer the volunteer requirement is waived.*
 - *Bronze Swimmer levels and up need to meet these volunteer requirements.*
 - *Fees are needed to run a successful team. Hosting meets is done in place of other fundraising activities.*
 - *Swim Club fees can be paid in installments or as a one time payment*

Coach Jeff

- **Governing Bodies -**
 - *USA Swimming - Governing body for all swimming*

- BP part of eastern zone
- LSC - AMS - shares meet schedule for season that AMS will host
- AMS will post meet announcements
- Announcements usually posted Wed. of the week prior to the meet
- BP year round swimming
 - Team encouraged to participate, year round
 - Short course season (fall/winter) 25 yd pool
 - Long course season (summer) 50 meter pool
 - Summer league sharks program also offered in the summer
- Advancement of swim groups
 - Occurs throughout the year: (Dec., March, Aug.)
- Meets for short course season -
 - Posted on the BP Swim website
 - Types of swim meets:
 - Age Group Open (Anyone can swim anything)
 - Mini distance meets
 - Qualifier meets
 - Championship meets
 - National meets
- Philosophy of Competition
 - Good for swimmer to compete against themselves
- How to enter a meet
 - Team Events
 - Select Meet - Edit Commitment - Select Swimmer - Save Changes
 - Place a note, if needed re. your swimmer's availability (days, etc.)
 - Coaches do have final say re. swimmer's participation in an event
- What to bring?
 - Team swimsuits (black w/ an orange logo)
 - 2 caps, 2 pairs of goggles, bp shirt (swimmer and parents), 2 towels, cards, nutritional snacks (GRANOLA BARS, FRUIT, ETC), water
 - BP families - please sit together
 - Write swimmer events on arms.
 - Event (E) / Heat (H) / Lane (L)
 - Be on time for warm-ups
 - Make sure swimmer checks in with coach before and after meet
 - Electronic timers are used
 - Parents are NOT allowed on pool deck
- Meet entry fees
 - Families billed once a month for these fees
- Practice schedule
 - Posted online
 - Sharks practices - At South Park (pool has space which provides swimmers more space in a lane, provides ability to practice good technique)
 - Weekly email - noting schedule & location
 - GOAL: 80% practice attendance
- Practice behavior

- Attend and listen to coaches
- Equipment
 - Recommended to purchase your swimmer their own equipment
 - Label equipment with your swimmer's name
- Facility Use
 - Try to pick up your swimmer within 10 min. of end of practice time
 - Keep locker area neat
- Intro to Swim Clinic
 - Intro drills, how to swim in a lane, etc.
 - at conclusion a group level is recommended

General Discussion/Questions

- General discussion re time standards -
USA swimming took all swim times and drafted the time standards for age groups
- OnDeck App, USA Swimming App - places to find your swimmer's time
- A swimmer's times hold for a year
- Swim times for silver group vary to allow for maximizing the swimmer's times
- Sharks swimmers
 - eligible for 2 meets each year
 - 2 coaches on deck
 - goal for instruction - proper technique
- USA Membership fee - covers insurance for swimming
 - This fee is \$30 for sharks swimmers
 - Bronze and above \$90